



Park Care Meals



Eat Well, Stay Independent



Local Branches:
Barnsley 01709 365 077
Bradford 01274 49 88 77
Chesterfield 01709 365 077
Halifax 01274 49 88 77
Rotherham 01709 365 077
Sheffield 01709 365 077

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www.parkcaremeals.co.uk

Welcome!

Let us introduce ourselves

Thank you for taking the time to find out more about the services **Park Care Meals** offer.

We are a Yorkshire based family business and have been delivering community meals for over 30 years. We are passionate about providing high quality, nutritionally well balanced meals, along with a daily wellbeing check.

The services we offer include; a daily hot meal delivery and wellbeing check service, a weekly frozen meals delivery service, and delivery to Luncheon clubs. We strongly believe that our services support individuals to live independently and within the comfort of their own home for as long as possible.

Ensuring the best

A sensible diet is key to good health at any age. All of our meals are nutritionally well balanced and we constantly monitor our dishes. Only the freshest ingredients available are used, sourced from local suppliers where possible. No preservatives or additives are used.

We are also members of the National Association of Care Caterers (NACC) and adhere to all its principles.

All of our delivery team are fully trained and DBS (Disclosure and Barring Service) checked. They are a daily friendly face delivering your meal and providing a wellbeing check.

Contact us for details of our latest menus or check our website www.parkcaremeals.co.uk

We look forward to serving you a meal soon.



How the service works

Ordering

Ordering couldn't be easier. There are two options:

- 1) Complete the order form/menu and hand it in to your delivery team member
- Or
- 2) Phone / Email your local branch and place your order

Key Features

Catering for individual needs is at the heart of what **Park Care Meals** offers. Key features include:

- A service available 7 days a week, 365 days a year.
- Flexible service. You choose how many meals you need each week - a daily meal delivery; or short term after leaving hospital; or to cover holiday periods; or just a few meals each month. Our service is tailored to meet your individual needs.
- Free Delivery and No Contract.
- Meals are delivered at the same time and by the same friendly, security checked (DBS) delivery team member.
- Peace of mind from our daily wellbeing check.
- A wide variety of choice with over 40 different meals being offered. Including texture modified and vegetarian options.
- Two course meals – Main Meal and a Dessert.
- We have designed a four week menu cycle with four choices on each day.
- Option of a sandwich and dessert delivered with lunch to be eaten later - only £3.75

All at an affordable price

Hot Meals - £8.75 for 2 courses; Frozen Meals - £6.50 for 2 courses

All ingredients and allergens provided on meal label.



Frozen Meals

In addition to our daily hot meal delivery service, we offer a Frozen delivery service. This is ideal if you'd like to heat your dinner at your own convenience. Key features include:

- The meals are the same high quality as used in our hot delivery service
- A choice of delivery days are available
- The meals can be heated in a microwave or a conventional oven
- Enjoy a main meal AND a pudding or a starter

Teatime - Sandwiches

When we deliver your hot lunch time meal, we can also provide a sandwich and dessert to be enjoyed later in the day.