



FROZEN MEAL HOME DELIVERY SERVICE – ORDER FORM

If you would like your meals delivered frozen for heating at your own convenience, please use this form

- The meals are the same high quality as used in our hot delivery service and supplied in a 3-compartment tray.
- A choice of delivery days are available.
- The meals can be heated in a microwave or a conventional oven.
- Straight forward pricing – For just **£5.75** - enjoy a main meal AND a pudding or a starter

To order follow these simple steps

1. Look through the menus to find your favourite meals.
2. Fill in your details below and indicate which meals and puddings you require overleaf.
3. Place your order. There are two options available:
 - a) Complete the order form/menu and hand it in to your delivery team member**OR**
 - b) Phone your local branch (telephone numbers below) and place your order
4. Sit back and wait for your delicious meals to be delivered.

Name	
Address	
Telephone Number	
Preferred day of the week for delivery	

Please remember **delivery is free** but a minimum order of **5 meals** is required

Park Care Meals Branch Telephone numbers:

Barnsley - 01709 365 077	Bradford & Halifax - 01274 49 88 77	Doncaster - 01709 365 077
Chesterfield - 01709 365 077	Rotherham - 01709 365 077	Sheffield - 01709 365 077

info@parkcaremeals.co.uk www.parkcaremeals.co.uk

Beef Meals	Qty
Beef Hotpot	
Beef Lasagne	
Chilli Con Carne	
Corned Beef Hash	
Cottage Pie	
Savoury Minced Beef	
Sliced Beef	
Steak & kidney Pie	
Steak & Mushroom Casserole	

Fish Meals	Qty
Breaded Fish & chips	
Fish cakes & Mushy Peas	
Fish in Parsley Sauce	
Salmon & Broccoli Supreme	
Salmon Crumble	

Lamb Meals	Qty
Irish Stew	
Shepherds Pie	

Pork/Ham Meals	Qty
Bangers & Mash	
Cumberland Sausage	
Faggots in Gravy	
Pork Loin & Stuffing	
Sausage, Chips & Beans	
Sliced Pork	

Chicken Meals	Qty
Chicken & Bacon Hotpot	
Chicken & Mushroom Pie	
Chicken & Vegetable Pie	
Chicken Breast	
Chicken Casserole	
Chicken Curry	
Sliced Chicken	
Sweet & Sour Chicken	

Offal Meals	Qty
Liver & Bacon	

Vegetarian Meals	Qty
Cauliflower Cheese & Broccoli Bake	
Cheese , Onion, Leek & Potato Bake	
Cheesy Vegetable Bake	
Macaroni Cheese	
Omlette Chips and Beans	
Provençale Veg Bake	
Root Vegetable Spaghetti Bolognaise	
Spicy Bean Casserole	
Vegetable Cottage Pie	
Vegetable Curry	

Soup	Qty
Chicken	
Potato & Leek	
Tomato	
Vegetable	
Scotch Broth	

Desserts	Qty
Apple & Blackberry pie	
Apple & Date Slice	
Apple & Strawberry Crumble	
Apple Crumble	
Apple Pie	
Apricot Crumble	
Apricot Sponge	
Bakewell Tart	
Bread Pudding	
Chocolate Sponge	
Fruit & Custard	
Ginger Sponge	
Honey Cake	
Jam Sponge	
Rhubarb Pie	
Rice Pudding	
Sticky Toffee Pudding	
Sultana Sponge	
Syrup Sponge	

Cold Desserts	Qty
Apricot & Peach Dessert	
Chocolate Mousse	
Fruit Jelly	
Fruit Pieces	
Fruit Yoghurt	
Fruity Flapjack	
Jam Tart	
Marble Slice	
Raspberry Dessert	
Strawberry Mousse	
Tiramisu	