

Park Care Meals

- Please indicate which meals you would like for the week commencing **Monday 25th December** Name.....
- Only fill in for the days you receive meals

Round.....



Address.....

Week 1



Week 1

Option	Main Meal	Option	Soup or Pudding (Option 1 & 2 come with Custard)	Tea
Christmas Turkey Dinner				
Christmas Dinner, Christmas Pudding and Mince Pie *				
Roast Beef Dinner				
Roast Beef Dinner, Sticky Toffee Pudding and Mince Pie *				
Christmas Day £14.00				
Boxing Day £14.00				
Wednesday				
1	Liver & Sausage with Mixed Veg, Green Beans and Mash Potato	1	Apple Pie	Egg Mayonnaise on White with Chocolate Mousse
2	Sweet & Sour Pork with Rice	2	Ginger Sponge	Grated Cheddar Cheese on Brown with Chocolate Mousse
3	Roast Chicken with Green Beans, Swede & Boiled Potatoes	Cold	Manchester Tart	
4	Cheese & Potato Pie with Sauté Potatoes and Baked Beans	Soup	Vegetable Soup	
Thursday				
1	Lamb Hotpot & Potato with Mashed Swede, Broccoli, Cauliflower	1	Sweet Mince Pie	Ham and Mustard on White with Iced Bakewell Slice
2	Cottage Pie with Swede, Sprouts & Boiled Potatoes	2	Apple Sponge	Lemon Chicken on Brown with Iced Bakewell Slice
3	Sliced Gammon with Green Beans, Cauliflower & Mashed Potatoes	Cold	Sultana Cheesecake	
4	Vegetable Curry with Rice	Soup	Minestrone Soup	
Friday				
1	Fish in Parsley Sauce with Mixed Veg, Broccoli & Sautéed Potatoes	1	Rice Pudding	Ham Cheese & Pickle on White with Manchester Tart
2	Chicken & Ham Pie with Peas, Mixed Veg & Mashed Potatoes	2	Lemon Sponge	Tuna Mayo & Sweetcorn on Brown with Manchester Tart
3	Meatballs in Sauce with Green Beans, Carrots & Mashed Potatoes	Cold	Fruit Pieces	
4	Macaroni Cheese with Mixed Vegetables and Broccoli	Soup	Chicken Soup	
Saturday				
1	Chicken Casserole with Swede, Peas & Mashed Potatoes	1	Sultana Sponge	Chicken Tikka on White with Fruit Jelly
2	Minced Beef & Yorkshire Pudding with Carrots, Peas & Sauté Potatoes	2	Fruit & Custard	Egg Mayo & Cress on Brown with Fruit Jelly
3	Sausage, Mash Potatoes & Baked Beans	Cold	Strawberry Mousse	
4	Vegetarian Sausage with Cabbage, Peas & Mashed Potatoes	Soup	Mushroom Soup	
Sunday				
1	Roast Pork with Mixed Veg, Carrots & Roast Potatoes	1	Rhubarb Crumble	Cream Cheese on White with Fruit Yoghurt
2	Beef Grill with Baked Beans, Peas & Mustard Mash	2	Orange Sponge	Chicken Mayonnaise on Brown with Fruit Yoghurt
3	Fish Cakes in Parsley Sauce with Broccoli, Carrots & Boiled Potatoes	Cold	Fruit Scone & Jam	
4	Vegetarian Cottage Pie with Carrots & Green Beans	Soup	Vegetable Soup	

Note - * if you would like an alternative on Christmas or Boxing day, please contact your local branch and we will endeavour to cater for your requirements.